



# THE IMPORTANT INNER REASON FOR CELIBACY & HOW TO PRACTICE IT

|| TABLE OF CONTENTS ||

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# The important inner reason for celibacy & how to practice it

*A critical research presentation on celibacy for sincere spiritual seekers, as  
learnt from bonafide scriptures, teachings of bonafide Acharyas and  
important scientific & academic essays*

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 *Vraj Vrindavan*

व्रज वृंदावन

## ***Table of Contents***

1. The science of water programming and how it affects our subconscious brain in day to day life
2. The difference between animals and humans
3. The four regulative principles and why they are important to be humans first?
4. Root cause of lust & why do we do sinful activities even unwillingly?
5. Importance of celibacy and what our Vedic scriptures tell about being a celibate. How to practice celibacy (*brahmacharya*) and what to do if not able to control it?
6. Factors that can destroy our celibacy & mind
7. The inner reason of why all should practice celibacy